



RURAL HEALTH, Inc.
We specialize in you

In This Issue

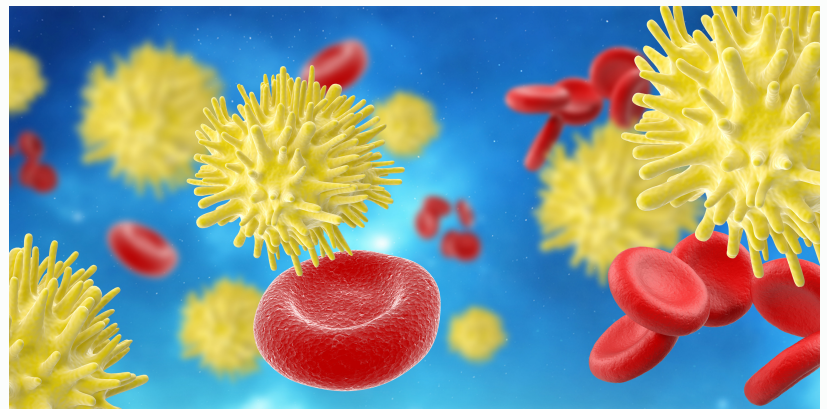
**Goreville
Update**

MAT at Five

and more

Rural Health, Inc.

p. 618-833-4471
a. 513 N. Main Street, Anna, IL
w. ruralhealthinc.org



"C" Hepatitis Out the Door

Cases of the Hepatitis C virus have dramatically increased over the years, with about 4 in 10 people having the virus and not even knowing it. Left untreated, the virus can wreak havoc on the liver. With all of that said, hepatitis C is curable, and Rural Health, Inc. is offering help. Our organization kicked off the new year by introducing the brand new hepatitis C program.

cont'd p. 07

Message From the CEO

This is an incredibly exciting time to be part of RHI. I have always maintained that RHI's greatest attribute is our ability to pull together as a team when demands placed upon us are at their most challenging. The year started with high COVID numbers; however, has since become much lower. This is a great relief for all of us including our patients, the communities we serve, and mankind. RHI must continue its' efforts in combatting this illness through education, testing, and vaccines.

RHI is a flagship in the southern Illinois healthcare industry. In order to remain as such, RHI must construct facilities and retain/recruit staff to deliver quality healthcare services. One important way to do this is through providing the infrastructure as evident with the construction that continues at Goreville which will allow the community to receive healthcare in a beautiful new location. In addition, the completed Vienna renovation sets the tone of invitation for all of those who see it, and the Anna office which has future plans for an Administration/Behavioral Health building along with a connection from Main Street to ease the entry into our parking lot for all staff and patients. These are just a few projects which have occurred, are occurring, and set to occur.

I count myself very fortunate to lead a team who truly operates at the top of their game. RHI's staff displays amazing dedication and work ethic, especially while countering the challenges of staff recruitment and retention, whilst sustaining the connectivity of working together within a safe environment. I look forward to working with our Board of Directors' and each of you to secure our growing future.

-Cynthia K. Flamm

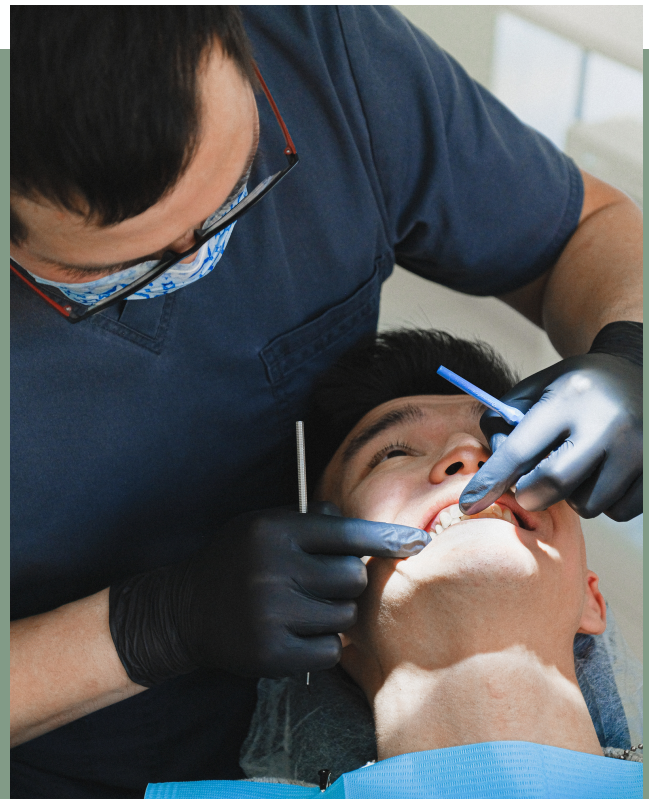


Goreville Update



It was in the later part of 2021 when our organization announced the project that is currently taking place in Goreville. At this moment, a brand new clinic is being constructed right down the road from our current location! The new building coming to 211 North Broadway will feature far more space with 14,000 square feet.

The traditional services patients have come to know throughout the years will continue to be provided. However, for the first time ever, our organization is bringing general dentistry services to Johnson County with this new clinic!



This project comes after the 2020 renovation of our Vienna clinic. We're grateful for the expansions and additions that are being made across Johnson County. Along with our mission, we strive to keep top-notch quality healthcare close to home for our patients. It's safe to say we are on the right path in Goreville and the rest of Johnson County. The new clinic is projected to open September 1, 2022.



MAT at Five

This April marks the fifth year of our organization's Medication Assisted Treatment (MAT) program. MAT is the use of medications in combination with counseling and behavioral therapies to provide a "whole patient" approach to the treatment of opioid use disorders. Our program aids in sustaining opioid addiction and is used to reduce and avert opioid overdoses.

Over the last five years, our team of MAT providers have treated many individuals in our communities that struggle with an opioid dependence. The battle is not over yet, and our organization will stay on the frontline of the opioid crisis for as many years as it takes. If you or a loved one are in need of MAT services, please contact our offices to learn more.





“We have worked with Rural Health’s MAT Program since the very beginning. Over the past 5 years, we have been able to see that addiction and recovery not only affect the individual, but the entire community as a whole. We have seen firsthand how Medication Assisted Treatment allows individuals to get their lives back. We’ve encountered challenges, but also celebrated many successes. We have seen how recovery positively impacts our whole community, which is why we continue to bring awareness to addiction, recovery, and the resources available.

As we celebrate the 5th anniversary of the Medication Assisted Treatment Program at Rural Health, Inc, we are reminded of all the lives that have been touched and of the potential the program has to continue to positively impact the community.”

-Ali Brown, LCSW and Olivia Hand, LCSW - RHI MAT Program



In January, we began administering CDC recommended screenings for the virus: antibody testing, HCV RNA testing, genotype testing, and has since added FibroScan monitoring to the process as well. As mentioned earlier, hepatitis C is curable, thanks to new, cost effective treatments. The treatment regimen consist of a 8-12 week long application of direct-acting antivirals (DAA's), prescribed by one of our 16 HCV certified providers. It's important to know that our screening and treatment options are covered by most insurance carriers.

Although it can be a slow building virus, hepatitis C is serious and all adults 18 or older and every pregnant woman should be tested. A simple blood test could lead to accessing needed treatment for not just your body... but your life as well. Our organization offers the hepatitis C program across all five locations. Speak with your provider or contact our Anna office to learn more about this service.



New team members, same team mission

Over the past few months, our organization welcomed some new faces. Help us welcome them!

Sarah Hendrix - Quality Management

Russell Boester - Dentist

Samantha Stephenson - Patient Service Representative

Bryce Wright - Patient Service Representative

WELCOME

In conclusion...

2022 is off to a great start for our organization! With projects such as the ones mentioned in this newsletter, we believe we are on the threshold of a great opportunity to improve and add to the lives of everyone within our home communities. That has always been our hope and mission, and will stay that way for the years to come. Take care and thanks for reading!



Anna

Address: 513 N. Main Street Anna, IL 62906
Phone: 618-833-4471
Medical Records Fax: 618-833-6267

Dongola

Address: 318 N. U.S. Hwy. 51
Dongola, IL 62926
Phone: 618-827-3545
Fax: 618-827-4891

Vienna

Address: 803 North 1st St. Vienna, IL 62995
Phone: 618-658-2811
Fax: 618-658-2439

Goreville

Address: 400 South Broadway
Goreville, IL 62939
Phone: 618-995-1002
Fax: 618-995-1133

Metropolis

Address: 1003 East 5th Street,
Metropolis, IL 62960
Phone: 618-524-7499
Fax: 618-524-7509



www.ruralhealthinc.org